

Artistic Statement

Throughout my choreographic works, there's a consistent exploration of the subject matters of embodied pain and trauma, finding deeper connections within our community, inclusivity, and exploring the intersections between verbal and physical communication.

As the daughter, sister, and niece of five Psychotherapists, and the holder of a Psychology degree, I have spent a good portion of my life talking about embodied trauma and how that affects our relationships with ourselves and others. More often than not, my process begins by stumbling upon a concept with personal origins, and that quickly finds its way to becoming a broader topic. This results in much of my work being centered around addressing universal personal struggles many of us believe we are facing on our own, in an attempt to allow the audience a moment of both recognition and validation.

In relation to inclusivity and communication, I live with aphasia. My specific memory disorder affects language and word retrieval, which greatly inhibited my ability to communicate for many of my early years. I found solace in dance and choreography, as that was the only avenue I had for self-expression and communication at the time. Now as a choreographer, I find that much of my creative process is allowing myself to ruminate on and fascinate over ways of exploring verbal and non-verbal language. Whether it's writing poetry to incorporate into the music I'm arranging, or having my dancers use their voices and loud bodies on stage, I find through my work that I have a deeper need for creating noise and being heard with accuracy.

Aesthetically, much of my choreography is expansive and fluid, living mainly within a medium, horizontal plane. Often centered around continuing a movement to the end of the body's natural momentum and lines, I prefer to then introduce slightly more jarring moments of reset as a palate cleanser, keeping the audience on the edge of comfort and exhilaration.

Other highlights of my choreography relate to my focus on the kinesthesia the audience is experiencing. I do not believe that choreography is simply in the dancers; choreography is in the lighting, music, and overall atmosphere you create. Without those aspects being accounted for, you haven't created a fully realized piece. For me, the point of making art is all about connection. I aim to do so in the most impactful way I possibly can, which means that all senses need to be accounted for. If I can provide accurate resonance for any person in the audience through my work, I feel that I have fulfilled my duty. In short, my job as an artist is to help people connect more deeply with and further understand themselves, while at the same time creating a larger sense of community.

A handwritten signature in black ink, reading "Natalie Dellutri". The script is fluid and cursive, with the first name "Natalie" and last name "Dellutri" clearly legible.

Natalie Dellutri